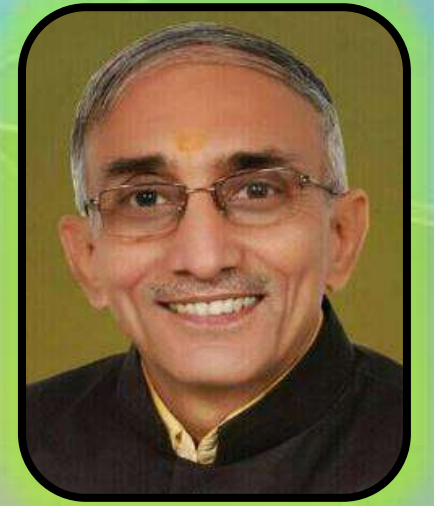




Department of Applied Psychology  
Veer Bahadur Singh Purvanchal University, Jaunpur (U.P.)  
Invites You To Participate in Live International Webinar Series  
(27-29 May, 2020)  
On  
Promoting Psychological Well-Being: Recent Advancement in  
Psychotherapies



**Patron**

Prof. (Dr.) Raja Ram Yadav  
Vice-Chancellor  
Veer Bahadur Singh Purvanchal  
University, Jaunpur

27 May, 2020

**Sessions**

Day 1 : 10:30 AM - 01:00 PM

Day 2 : 11:00 AM - 02:00 PM

Day 3 : 11:00 AM - 02:30 PM



Chief Guest  
Prof. G.P. Thakur  
Former Head, Department of  
Psychology  
M.G.K.V.P., Varanasi



Guest of Honor  
Prof. (Emeritus) S.N. Rai  
Department of Psychology C.C.S.  
University, Meerut



Guest of Honor  
Dr. Alpa Agrawal  
Associate Professor  
Department of Psychology CCS  
University, Meerut



Guest of Honor  
Prof. Ramjilal Srivastava  
Former Head, Department of Applied Psychology  
VBSPU, Jaunpur



Guest of Honor  
Dr. Sarabjit Kaur Sran  
Assistant Professor  
Department of Psychology  
M.S.C. University of Delhi

27 May, 2020

Time 11:00 AM – 01:00 PM

**Workshop on Mindfulness and Presence Oriented Therapy**

By

**Sandy Dias Andrade**

Mindfulness and Presence Oriented Psychotherapist

and

Founder Director at Just Being Center, Pune





28 May, 2020



Time 11:00 AM – 12:20 PM  
Neurofeedback Therapy in Anxiety Disorder

By

Dr. Anand Pratap Singh

Head, Department of Psychology and Well-Being  
Gautam Buddha University, Greater Noida

Time 12:30 PM - 02:00 PM  
Biofeedback assisted CBT: A Researcher-Practitioner Approach

By

Dr. Seema Sharma

M.Phil. NIMHANS

Senior Clinical Psychologist, Meerut



29 May, 2020



Time 11:00 AM - 12:10 PM  
Cognitive Drill Therapy

By

Dr. Rakesh Jain

Senior Clinical Psychologist at  
Institute of Mental Health and Hospital, Agra

Time 12:20 Pm - 01:20 PM  
Re-Attach Therapy

By

Dr. Ashutosh Srivastava

Clinical Psychologist

Founder & CEO at Psyuni India

President- BCPA, Board Member at Re-Attach Therapy



Time 01:30 PM - 02:30 PM  
Stress It's Coping strategies in Today's scenario

By

Dr. Anumeha Rai

NLP Practitioner

Visiting Faculty in Amity University, Dubai





## Organizing Committee



Dr. Manoj Mishra  
Dean, Faculty of  
Applied Social Science  
VBSPU, Jaunpur



Prof. Ajai Pratap Singh  
Head, Department of Applied  
Psychology  
VBSPU, Jaunpur



**Convener**  
Annu Tyagi  
Assistant Professor  
Department of Applied Psychology  
VBSPU, Jaunpur



**Moderator**  
Jyotsna Gulati  
Clinical Psychologist

## Members

Dr. Janhvi Srivastava - Assistant Professor, Department of Applied Psychology VBSPU, Jaunpur

Dr. Manoj Kumar Pandey - Assistant Professor, Department of Applied Psychology VBSPU, Jaunpur

Mrs. Gargi Mishra - Counselling Psychologist

Mr. Anil Kumar Singh - Assistant Professor N.R.E.C. College, Khurja

## Student Volunteers



Ashutosh



Amresh



Manoj



Shama



Meghna



Pankaj



Kshma



Raheema

## How To Apply ?

Participants can register by clicking on the given below link.

<https://forms.gle/7QY7t4s8PZrhodzWA>

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Using **GoToMeeting** application either on phone or on laptops :

**Meeting ID** - 615-371-093

**Meeting Link** - <https://global.gotomeeting.com/join/615371093>

## Help and Support :

Ashutosh Yadav, Mob - 6393567637

Amresh Yadav, Mob - 7268811901

Annu Tyagi (Convener), Mob - 7906496390

Email ID - [psyvbspu@gmail.com](mailto:psyvbspu@gmail.com)

Note - CERTIFICATE WILL BE GIVEN TO REGISTERED CANDIDATES ONLY.

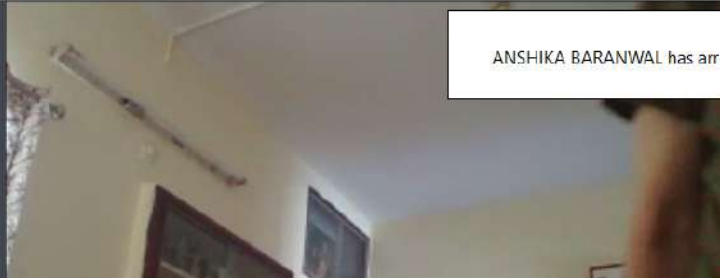




Annu Tyagi



Anand Pratap Singh



ANSHIKA BARANWAL has arrived.

**CHAT**

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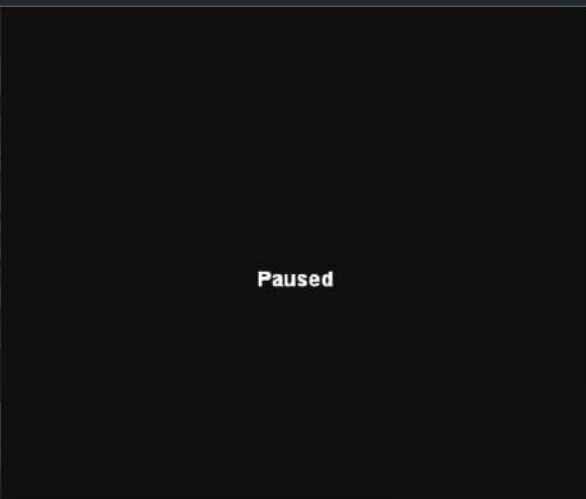
M. Gracy Evanjaline 12:42  
Voice is break

Me 12:42  
issue from your end

- | Everyone                               | DEEPAK KUMAR                 | Dr.S.Kalaivanan          | Meghna (organizer)    | S.PRIYAMVATHA             |
|--|------------------------------|--------------------------|-----------------------|---------------------------|
| <b>Organizer(s) Only</b>               | deepesh Choursiya            | Dr.Sanjay Kumar Bhardwaj | Mirza Mohd Haider     | Sadhiya Sulthana          |
| A Durga                                | Deepika                      | Ekta Trivedi             | mohsina khan          | Salila Singh              |
| A Sen                                  | Dr Ajai Kumar Srivastava     | ✓ Ekta Tyagi             | N (web)               | Sana                      |
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| Adarsh                                 | Dr Amitabh Singh             | HARSHITHA                | Neha Dubey            | Sarika Shivaji Kshirsagar |
| Aditi V Rao                            | Dr Anupreeta                 | Immanuel. K              | Neha sahu             | Saroj Kumari              |
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| Anand Pratap Singh                     | Dr. Aarti Kaiwart            | Jyoti Kamble             | Pooja kulshreshtha    | Shikha Tomer              |
| Anil Kumar Singh                       | Dr. Anumeha Rai              | K.sujatha                | Pooja Patel           | Shivam Gupta              |
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| Ankit Srivastava                       | Dr. Ashok Parasar            | Kavita Rajora            | Prabhat Ranjan        | Sneha Sharma              |
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| Apoorva Sharma                         | Dr. Deoshree Akhouri         | Kritika Talwar           | Priyanka Singh        | Sonam gupta               |
| ARCHANA                                | Dr. Janak Kumari Shrivastava | Kshma Maurya             | punya (web)           | Soundarya                 |
| Arpita Chaturvedi                      | Dr. Kiran Lata               | lal singh                | Radhika               | SUBHASH CHANDRA PAL       |
| Ashish Shukla, Counseling Psychologist | Dr. Mustafa Nadeem Kirmani   | Lavanya.R                | Raheema               | Subodh Kumar              |
| Ashok Kumar Patel                      | DR. NEETA TIWARI             | Lovely Singh             | Rajendra Yadav        | Suman Sharma              |
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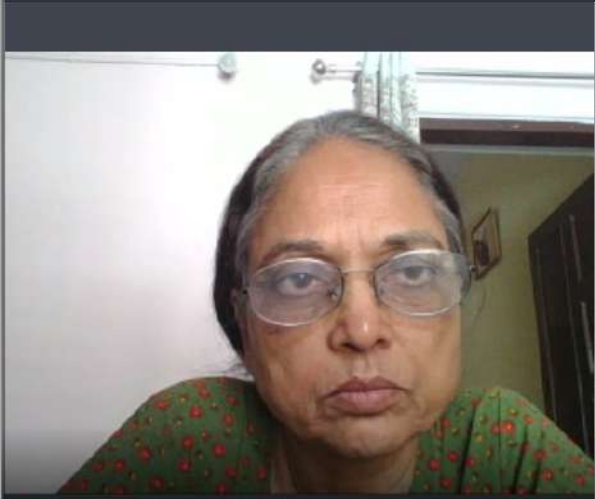
Annu Tyagi



Dr. Janak Kumari Shrivastava



Iram Jahan



Admin



Dr. Rakesh Jain



Anand Pratap Singh

### CHAT

...presentation... thank you so much.

Ankit Srivastava to me 12:15  
This is very useful session for us. Thanks to speaker sir and thank you mam and your team to organize this webinar  
[Reply in private](#)

Arpita Chaturvedi 12:14  
Thank you for the valuable words sir.

N. Devadharshini 12:15  
You tube channel name sir

S.PRIYAMVATHA 12:15  
How long should the drill be conducted

PANKAJ KUMAR PAL 12:15  
Thank you so much sir

Sana 12:15  
Sir can we use this therapy with children?

Send to:  SEND



AT

Annu Tyagi



GP THAKUR

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- Amresh Kumar Yadav (Org)
- Annu Tyagi - Me (Org)**
- Ashutosh Yadav (Org)
- Kshma (Org)
- Manoj yadav (Org)
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- Manoj yadav (Org) [Mute]
- Meghna (Org) [Mute]
- [Waiting for name 3200192] [Mute]
- [Waiting for name 3200195] [Mute]
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